

(RESEARCH ARTICLE)



## Synthesis, characterization, and pharmacological evaluation of dextrin capped cadmium sulfide quantum dots conjugated with temozolomide for drug delivery and imaging application

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World Journal of Advanced Science and Technology, 2023, 03(02), 027–037

Publication history: Received on 10 July 2023; revised on 26 August 2023; accepted on 28 August 2023

Article DOI: <https://doi.org/10.53346/wjast.2023.3.2.0066>

### Abstract

Quantum dots (QDs) of cadmium sulfide semiconductor capped with dextrin and bioconjugated with temozolomide (CdS/Dx+TMZ) were used to target and provide imaging of glioma cells. CdS/Dx+TMZ QDs were in the range of 6.5 nm in size and exhibited an intense fluorescence emission in the green spectrum, which allowed us to monitor fluorescence imaging in a rat glioma cell line. The results showed that glioma cells efficiently took up the CdS/Dx+TMZ QDs, which had a large accumulation time in cells and were distributed in both the cytoplasm and nucleus, where the pharmacological drug effects were enhanced. CdS/Dx+TMZ QDs were more cytotoxic than TMZ and CdS/Dx alone. Glioma cells treated with 100  $\mu$ M CdS/Dx+TMZ QDs showed both an increase in size (cytoplasm and nucleus) and in the number of cell deaths by apoptosis. The morphological analysis showed the presence of binucleated cells and membrane blebbing, as well as apoptotic bodies. This study confirmed the effective cellular uptake of CdS/Dx QDs bioconjugated with TMZ and their pharmacological effects in a glioma cell line. Our conclusion is that CdS/Dx+ TMZ QDs could be simultaneously used as drug delivery and cell monitoring system for the treatment of GBM and other brain tumors.

**Keywords:** CdS/Dx; Temozolomide; Glioblastoma; Pharmacological evaluation

### 1 Introduction

Nanocarrier drug delivery has been employed successfully in recent years; however, certain challenges regarding successful delivery to target sites remain [1-3]. The goal of designing drug nanocarriers is to reach the target more efficiently and increase efficacy, thereby reducing toxicity. In this sense, the pharmaceutical industry and related research have focused on developing novel nanoformulations for more than a decade. Thanks to this work, we now know that several issues must be considered in the design of nanocarriers, including their chemical, physical, and morphological characteristics, optical profile, and capping agents. All this will influence potential interactions between biomolecules, cellular components or drugs, as well as the effectiveness the desired application (cell detection, imaging or drug delivery) [4-6].

From the pharmaceutical point of view, the construction of a nanoformulations entails a new pharmacological profile (i.e., new chemical structures, novel three-dimensional shapes, new molecular weight) that will affect the phases of pharmacological action (the pharmaceutical, pharmacokinetic and pharmacodynamic phases). This necessitates

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physicochemical, optical and morphological characterization, as well as information regarding biocompatibility and pharmaceutical profile.

Quantum dots (QDs) are nanomaterials with photoluminescent properties. They have proved an excellent probe in biomedicine given their physical, chemical and optical properties. The great coupling between QDs and drugs means that, today, the first are used as a tool for improving drug release in target sites while their photoluminescence allows us to follow the complex nanocarrier-drug into the cell [7-9]. The development of bioconjugated QDs has helped to improve their biocompatibility at the same time it has allowed us to access intracellular sites more efficiently, thus improving therapeutic effectiveness [10-12].

Temozolomide (TMZ) is an alkylating agent that introduces methyl groups into cellular DNA, leading to apoptosis, senescence, or cell cycle arrest in cancer [13, 14]. For many years, this drug has been the “gold standard” and treatment of choice for patients with brain tumors, particularly those with glioblastoma (GBM) [15, 16]. TMZ has some pharmaceutical advantages compared to other alkylating agents: it is a small lipid-soluble molecule that easily crosses the blood-brain barrier (BBB) and can easily reach nervous tissue. Unfortunately, and as is well known, TMZ undergoes spontaneous hydrolysis and generates an active metabolite that can affect drug-cell membrane interaction, reducing therapeutic effectiveness [17]. Therefore, many researchers are focusing on finding new nanoformulations that allow for more efficient drug delivery while reducing the problems that affect therapeutic effectiveness [18].

In the past decade, this research group has focused on synthesizing and characterizing cadmium sulfide quantum dots passivated with polymers to protect the cadmium core and reduce its toxicity (CdS/dextrin, CdS/maltodextrin) [19-22]. These QDs have been shown to be biocompatible, capable of crossing biological barriers and having a wide tissue distribution with a variable mean residence time (MTR) in each organ [23].

They are taken up at the cellular level and distributed not only into the cytoplasm but also inside the nuclei of most of the studied cell lines. The development of CdS/dextrin QDs conjugated with drugs has been recently initiated and the QDs have been shown to be effective nanotransporters with more efficient drug delivery to the cell and, thus, an improvement in pharmacological effectiveness [24]. The main purpose of this work was to bioconjugate the CdS/Dx QDs with TMZ and carry out an optical characterization of these QDs using different methods, as well as provide an evaluation of their pharmacological effect at the cellular level.

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## 2 Materials and Methods

Cadmium chloride (CdCl<sub>2</sub>, 99.9% pure), potassium hydroxide (KOH, semiconductor grade), ammonium nitrate (NH<sub>4</sub>NO<sub>3</sub>, 99% pure), thiourea (CS(NH<sub>2</sub>)<sub>2</sub>, 99% pure), sodium hydroxide (NaOH, 99% pure), dextrin ((C<sub>6</sub>H<sub>10</sub>O<sub>5</sub>)<sub>n</sub>, 99% pure) 1,1-carbonyldiimidazole ((C<sub>3</sub>H<sub>3</sub>N<sub>2</sub>)<sub>2</sub>CO, 97% pure), tetrahydrofuran (THF) (C<sub>4</sub>H<sub>8</sub>O, 99.9 % pure) and TMZ (C<sub>6</sub>H<sub>6</sub>N<sub>6</sub>O<sub>2</sub>, 98% pure) were all purchased from Sigma-Aldrich. Dilute aqueous solution of 1 M NaOH was used to control the pH of the synthesis and employed in the bioconjugation process to buffer the carbonates at pH 9 (0.1 M). Finally, deionized water was used as solvent.

### 2.1 Synthesis of the CdS/Dx QDs

Colloidal CdS/Dx QDs were produced by chemical synthesis process via aqueous solutions: CdCl<sub>2</sub> (0.02 M), KOH (0.5 M), NH<sub>4</sub>NO<sub>3</sub> (0.5 M) and CS(NH<sub>2</sub>)<sub>2</sub> (0.2 M) were mixed and heated at 75°C. Dextrin was used as a capping agent at 2% concentration. To control the formation of the QDs during the synthesis of the CdS/Dx QDs, these solutions were added in a balloon flask and adjusted to pH 11 by adding drops of 1M NaOH solution, maintaining 80° temperature with stirring, for 40 min. After the synthesis, the yellow precipitate was centrifuged at 13 000 rpm for 30 min. Finally, the yellow precipitate, CdS/Dx QDs, was washed 6 times with deionized water and acetone and finally dried at 40° for 24 h [19].

### 2.2 Bioconjugation of CdS/Dx QDs with temozolomide

The CdS/Dx+TMZ QDs were formed by dispersing 8 mg of freshly prepared CdS/Dx QDs suspended in 10% THF containing carbonyldiimidazole (CDI) at a concentration 0.1 M and mixing it for several minutes. After three more washes were performed, centrifuging with THF at 14,000 rpm was carried out every 15 minutes. The mix was washed again with cold water (4°C) and centrifuged at 14 000 rpm for 30 min; the supernatant was removed. Then, 32mg of TMZ were dissolved in PBS and added to the CdS/Dx QDs. The mixture was stirred to 700 rpm for 24 h at room temperature. Finally, the solution was washed three times with PBS and centrifuged at 14 000 rpm for 30 min. The pellets were washed with fresh buffer and the CdS/Dx+TMZ QDs were dried at 37°C for 24 h.

### 2.3 Optical characterization of CdS-Dx/TMZ QDs

The X-ray diffraction (XRD) pattern provides information about the structure and size of the crystalline CdS/Dx+TMZ QDs, which was determined on an X-ray diffractometer (Siemens D5000, Cu K $\alpha$  radiation). The hydrodynamic diameter distribution of the CdS/Dx+TMZ QDs was performed on a dynamic light scattering (DLS, model Nanotracc Wave, Microtrac Inc., USA). The Fourier-Transform-Infrared spectroscopy (FTIR) is a method to determine the linkage of the TMZ molecule on the CdS/Dx QDs in the conjugation technique. The spectrum was recorded on a FTIR spectrometer (Model Nicolet 6700, Thermo Scientific) and transmission bands in the range of 400-4000 cm<sup>-1</sup> wavelengths with 180 sec scanner time. An XE-Bio Atomic Force Microscope (Park Systems Co., Suwan, Korea) was used to obtain topographic images of QDs bioconjugates. We used XEP and XEI software from Park Systems to analyze the data. PPP-NCHR silicon nitride cantilevers with nominal spring constant of 60 nN/m from nanosensors were used in non-contact mode. DNP-S-D C and D silicon nitride cantilevers with nominal spring constant of 0.06 N/m (Bruker, USA) were used in Contact mode. The DNP-S-D cantilevers were calibrated using the Thermal Method routine built into the XEI software. Topographic representations were obtained at 21  $\pm$  1°C. Scans performed in Contact mode were carried out at load forces lower than 1 nN. The images shown correspond to one typical sample.

### 2.4 Cell culture and cell viability assay

C6 glioma cells lines (ATCC CCL-107) were cultured in Dulbecco's modified Eagle's medium (DMEM, GIBCO, MA, USA) supplemented with 10% fetal bovine serum (GIBCO, MA, USA). Cells were grown at 37 °C under a 5% CO<sub>2</sub> atmosphere and 90% humidity. Cell viability and cell proliferation rate were determined using a MTT (methyl tetrazolium, Sigma-Aldrich USA) assay [25]. Briefly, for cell viability, C6 cells were plated in a 96-well plate (10,000/well) and kept for 24 h at 37°C and 5% CO<sub>2</sub>. The medium was changed, and the cells treated with CdS/Dx QDs alone [10 and 100  $\mu$ M], TMZ [100  $\mu$ M] as well as CdS/Dx QDs bioconjugated with TMZ [10 and 100  $\mu$ M]; cells were kept alive for 24, 48, 72 and 96 h. After treatment, the medium was gently replaced with 20  $\mu$ L MTT (5mg/mL) and 150  $\mu$ L of medium and kept at 37°C for 4 h. The medium was replaced again by addition of 200  $\mu$ L DMSO and 25  $\mu$ L Sorensen's glycine buffer (glycine 0.1 M, NaCl 0.1 M, pH 10.5). Cell viability was determined by measuring optical absorbance on a microplate reader (Bio-Rad) at 590 nm. We included untreated cells as control.

### 2.5 Fluorescent microscopic visualization of fluorescence of CdS-Dx/QDs in C6 cells

C6 cells were employed to confirm the selective absorption of CdS/Dx QDs, both on their own and bioconjugated with TMZ. The cells (50,000/well) were placed on a sterile coverslip in a 12-multiwell. The cells were incubated for 24 h, rinsed with buffer solution and then treated with CdS/Dx QDs [10 and 100 $\mu$ M], TMZ [100  $\mu$ M] and CdS/Dx +TMZ [10 and 100 $\mu$ M] for 24 h. After rinsing with cold buffer solution, the cells were set for 20 min in 200  $\mu$ L of 4% paraformaldehyde and later rinsed again with buffer solution. Set cells were protected with a glass slide with 50% glycerol/PBS (v/v) and visualized on a microscope (Nikon AI, Nikon, Japan). QDs were stimulated with a 488 nm laser, and their waves collected at 680 nm. To track the subcellular localization of CdS/Dx+TMZ QDs, cells were observed under confocal epifluorescence microscopy.

### 2.6 Assessment of cell death by fluorescence microscopy

The assessment of cell death was carried out using the acridine orange and ethidium bromide staining assay as previously described [26]. Briefly, the C6 cells were seeded into a 6-well plate (300,000/well) and incubated for 24h at 5% CO<sub>2</sub> and 37°C. The culture medium was replaced with a fresh one containing CdS/Dx QDs [10 and 100 $\mu$ M], TMZ [100  $\mu$ M] or CdS/Dx+TMZ [10 and 100 $\mu$ M]. The cells were then incubated for another 24 h. After washing thoroughly with DPBS, 250  $\mu$ L of a mixture of 100  $\mu$ g/mL acridine orange/100  $\mu$ g/mL ethidium bromide (AO/EB) (Sigma Aldrich, USA) was added to each well. The cells were then incubated at room temperature for 10 seconds and observed under a fluorescence microscope. Images of fluorescently stained cells were photographed with an Olympus digital camera. Cells incubated in culture medium were used as a non-treated control. 1 $\mu$ L/mL of 30% H<sub>2</sub>O<sub>2</sub> served as apoptosis control and smashed up cells were used as necrosis control. Cells were categorized as healthy (fluorescent green cells without any nuclear staining), apoptotic (condensed or fragmented orange red nucleus) or necrotic (red, or patchy nucleus).

### 2.7 Statistical analysis

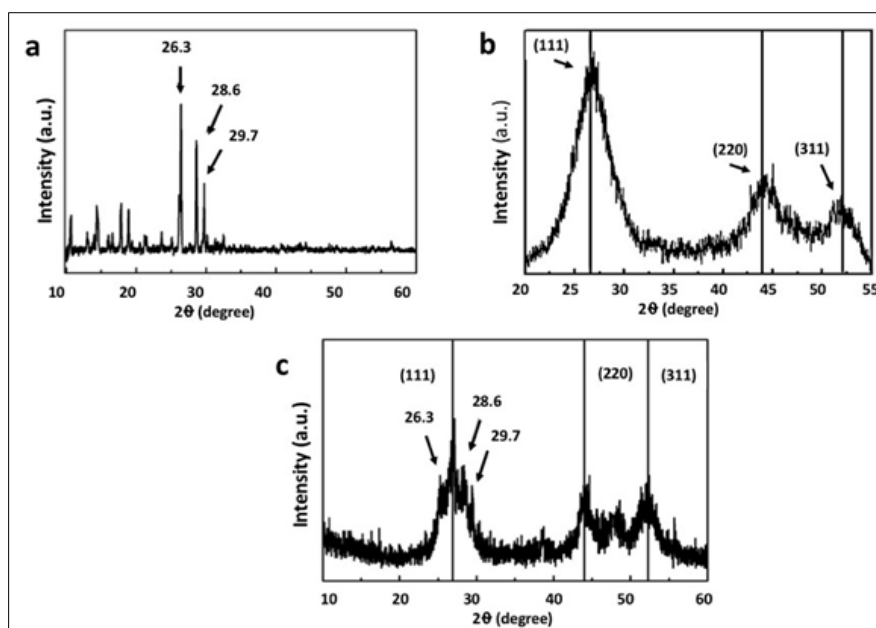
Results were expressed as mean  $\pm$  standard deviation of 3 determinations. Results were statistically analyzed using the SPSS 10.0 program (SPSS Inc., Chicago, Ill., USA), the student t test, and ANOVA. Variances were considered significant if the P-value was less than 0.05.

### 3 Results

#### 3.1 Synthesis and characterization of CdS/Dx QDs bioconjugated with temozolomide

The XRD spectrum of pure temozolomide (Fig. 1A) is characterized by sharp diffraction peaks at different values of  $2\theta$ , which could be indexed to scattering from different planes associated with the chemical structure of TMZ [16]. The XRD spectrum of the CdS/Dx QDs shown in Fig. 1b exhibited prominent broad peaks at  $2\theta$  values of  $26.5^\circ$ ,  $44^\circ$  and  $52.13^\circ$ , which were consistent with the diffraction peaks of CdS planes in cubic phase seen in other studies [13, 27]. The same characteristic peaks can also be found in the spectrum of CdS/Dx+TMZ QDs in Fig. 1c. The peaks corresponding to the reflection plane around  $2\theta=26.3^\circ$ ,  $28.6^\circ$ , and  $29.7^\circ$  are predominantly attributed to the presence of TMZ molecule. These XRD results evidenced the presence of TMZ on CdS/Dx QDs after conjugation.

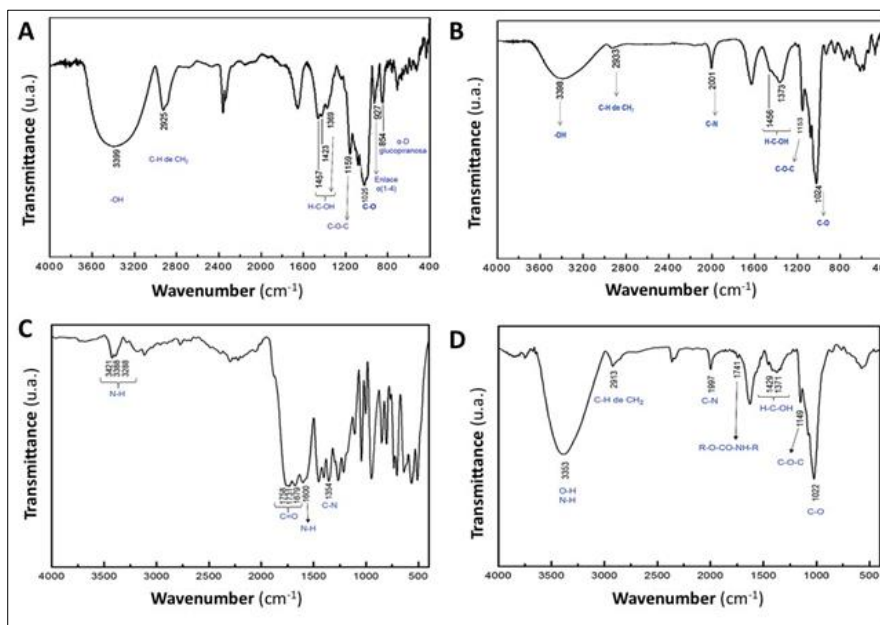
The FTIR spectrum of dextrin with the main peaks identified by arrows is shown in Fig. 2a. For pure dextrin, the peak at  $3399\text{ cm}^{-1}$  is due to the stretching vibrations of O-H; a small peak at  $2925\text{ cm}^{-1}$  is attributed to the C-H stretching vibrations. The peaks at  $1457$ ,  $1423$  and  $1369\text{ cm}^{-1}$  are associated to H-C-OH  $\delta$  vibrations, the bands at  $1159$  is assigned to C-O-C stretching vibrations, and  $1025\text{ cm}^{-1}$  is assigned to C-O vibrations. The FTIR spectrum of the CdS/Dx QDs (Fig. 3b) exhibited the same line positions as in Fig. 3a, except that there was an additional peak as compared to pure dextrin at  $2001\text{ cm}^{-1}$  due to C-N stretching vibrations because of the thiourea used in the synthesis of the CdS nanoparticles. The FTIR spectrum of pure TMZ (Fig. 3c) showed peaks at  $3421$ ,  $3388$ ,  $3390$  and  $1600\text{ cm}^{-1}$  associated to NH vibrations; the peaks at  $1758$ ,  $1731$ , and  $1679\text{ cm}^{-1}$  are associated to C=O vibrations. The absorption band at  $1364\text{ cm}^{-1}$  is assigned to the N-H bending vibrations for the primary amine structure. The FTIR spectrum of CdS/Dx + TMZ QDs (Fig. 3d) showed a broad peak at  $3353\text{ cm}^{-1}$  because of the O-H and N-H overlap stretching vibrations. The absorption peak observed at  $2913\text{ cm}^{-1}$  is assigned to C-H and CH<sub>2</sub> vibrations. The peak in  $1997$  is assigned to C-N stretching vibrations because of the thiourea employed in the synthesis of the CdS nanoparticles. The absorption peak at  $1429$  and  $1371$  were assigned to H-C-OH vibrations, the peak at  $1149$  was assigned to C-O-C vibrations and the last peak at  $1022$  was assigned to C-O vibrations. The peak at  $2001\text{ cm}^{-1}$  in CdS/Dx QDs decreases in intensity as compared to the conjugated CdS/Dx QDs FTIR spectrum. These FTIR results suggest that the attachment of TMZ to the CdS-Dx QDs occurred via the interaction of amine groups of the TMZ with the carboxamide group. The topographic morphology of CdS/Dx + TMZ QDs was examined using AFM. Figure 3 show the typical surface topography and surface homogeneity images of CdS/Dx QDs bioconjugated with TMZ. The reduction in the number of QDs due to an increase in the size of CdS/Dx + TMZ QDs was evident. No surface roughness was observed in CdS/Dx + TMZ QDs. The Cd/-Dx + TMZ QDs were generally over  $6.5\text{ nm}$  in diameter, whereas the plain CdS/Dx QDs were smaller ( $3.5\text{ nm}$ ).



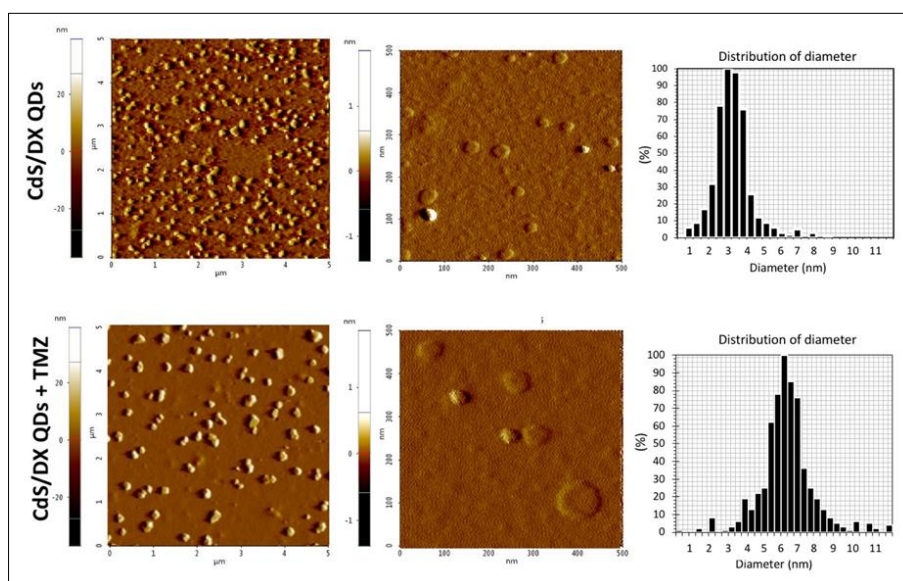
**Figure 1** Standard XRD pattern of (A) pure temozolomide, (B) CdS/Dx QD synthesized nanoparticles, and (C) CdS/Dx+TMZ QD bioconjugated nanoparticles. All the samples were dried as powder at room temperature

### 3.2 Effect of CdS-Dx + TMZ QDs on cell viability

Figure 4 shows the effect of CdS/Dx + TMZ QDs [10 and 100  $\mu\text{M}$ ] at different times on the viability of C6 cells. As we can see, the effect of CdS/Dx + TMZ QDs [100  $\mu\text{M}$ ] on cell viability started at 48 h, with QDs reducing it in 30% ( $p < 0.05$ ), whereas TMZ alone produced the same effect until 72 h later (30%,  $p < 0.05$ ). CdS/Dx + TMZ QDs [10  $\mu\text{M}$ ] and TMZ alone reduced cell viability at 72 and 96 h, by 30-35% respectively, as compared to control group ( $p < 0.05$ ). CdS/Dx + TMZ QDs at 100  $\mu\text{M}$  reduced cell viability more significantly at 72h, 31% as compared to TMZ group ( $p < 0.05$ ), whereas at 96 h, the inhibition of cell viability was 42% as compared to TMZ group ( $p < 0.05$ ). It is important to mention that CdS/Dx QDs [100  $\mu\text{M}$  reduced 8-10% cell viability at 72 and 96 h ( $p < 0.05$ ).



**Figure 2** Typical FT-IR spectra of the powder sample of (A) pure dextrin, (B) CdS/Dx QD synthesized nanoparticles, (C) pure temozolomide, and (D) CdS/Dx+TMZ QD bioconjugated nanoparticles. All at room temperature from 4000–400/500  $\text{cm}^{-1}$



**Figure 3** AFM images (height and three-dimensional) of CdS/Dx QD synthesized nanoparticles, and CdS/Dx+TMZ QD bioconjugated nanoparticles, with their corresponding particle size distribution of 3.5 nm and 6.5 nm for CdS/Dx+TMZ QDs and CdS/Dx+TMZ QDs, respectively

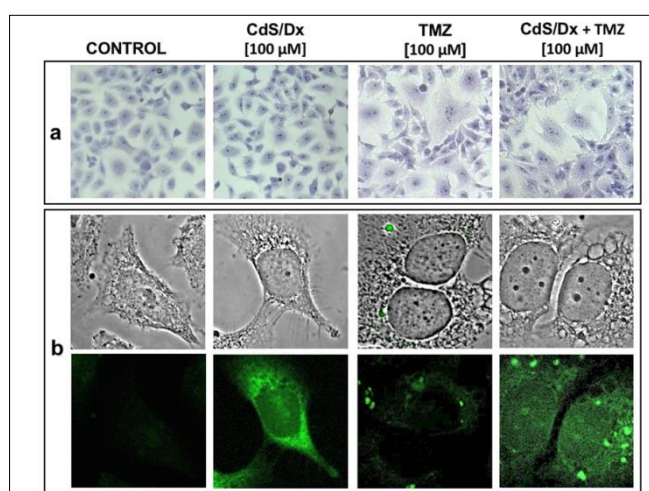


Fig. 4 Effect of CdS/Dx+TMZ QDs on cell viability of C6 glioma cells lines. Cells were exposed in cultured medium with plain CdS/Dx QDs [10 and 100  $\mu\text{M}$ ], TMZ [100  $\mu\text{M}$ ], and CdS/Dx QDs bioconjugated with TMZ [10 and 100  $\mu\text{M}$ ] nanoparticles at different times (24h, 48h, 72h, and 96h). Results are expressed as percentage of cell viability as compared to control group. Data are presented as the mean  $\pm$  SD of at least three independent experiments. \* $p < 0.05$  as compared to control group; \*  $p < 0.05$  as compared to CdS/Dx [100  $\mu\text{M}$ ]; #  $p < 0.05$  as compared to TMZ [100  $\mu\text{M}$ ]; &  $p < 0.05$  as compared to CdS/Dx+TMZ [10  $\mu\text{M}$ ]

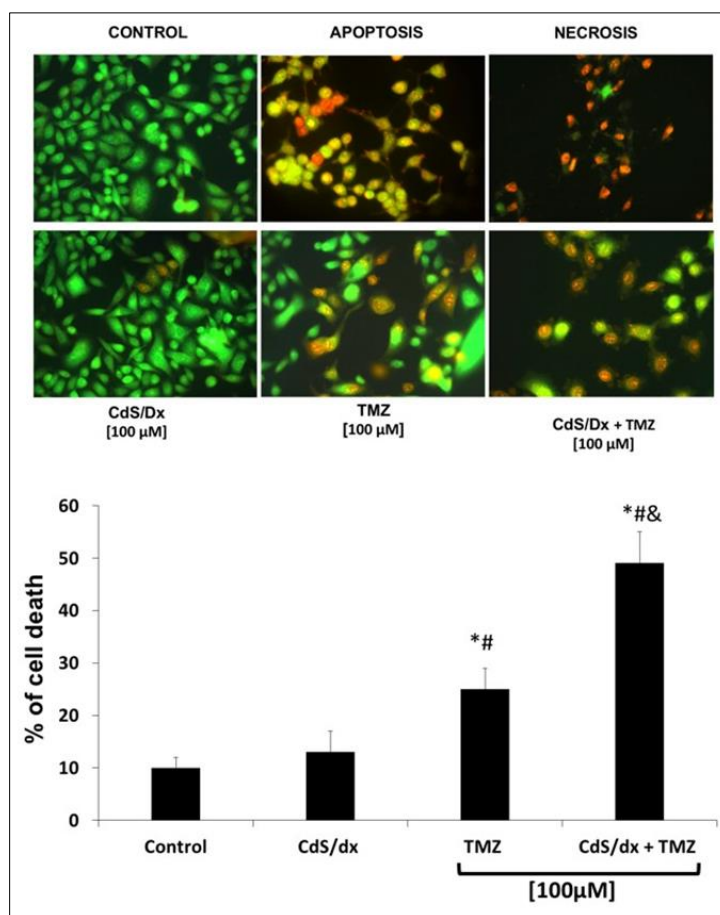
### 3.3 Fluorescent microscopic visualization of the light emission of CdS/Dx + TMZ QDs in C6 cells

The fluorescent properties of CdS/Dx + TMZ QDs allows us to monitor their uptake and cell distribution under a fluorescent microscope and as shown in Figure 5. C6 cells were incubated with 100  $\mu\text{M}$  of CdS/Dx + TMZ QDs during 72 h and washed to remove all unbound QDs. In untreated C6 cells and those treated with CdS/Dx QDs, the cellular morphology was the usual for these cells, as evidenced by Giemsa stain. Cells treated with TMZ alone and bioconjugated with CdS/Dx QDs presented cell death and enlarged size with double nuclei (Figure 5a). The analysis of light emission revealed that cells treated with CdS/Dx QDs emitted green colored fluorescence in the cytoplasm and, in a lesser amount, in the nucleus; cell morphology was quite similar to that of control cells (Figure 5b). However, cells treated with TMZ alone or conjugated with QDs at 100  $\mu\text{M}$  showed higher sizes (in cell and nucleus) and, in addition, there were multiple cells that showed membrane blebbing and apoptotic bodies. Those effects were more evident in cells treated with CdS/Dx + TMZ QDs. An analysis of cells under fluorescent microscope evidenced that the intensity of light emission was distributed homogeneously in both the cytoplasm and nucleus of cells treated with CdS/Dx + TMZ QDs, whereas those treated with QDs alone had light emission mainly in the cytoplasm. The light emission was higher in the nuclei of cells treated with CdS/Dx + TMZ QDs than in cells treated with QDs alone. These results show that CdS/Dx + TMZ QDs can reach the nucleus and produce pharmacological effects.

Characterization of cell death induced by of CdS/Dx + TMZ QDs in C6 cells Because CdS/Dx + TMZ QDs at 100  $\mu\text{M}$  produced a significant reduction in cell viability after 48 h and onward, we decided to do another assay to characterize the type of cell death induced by CdS/Dx + TMZ QDs [100  $\mu\text{M}$ ] at 72h. For this case, we used double staining (AO/EtBr) to differentiate between apoptotic and necrotic cells. Figure 6 shows positive control by apoptosis (cells treated with H<sub>2</sub>O<sub>2</sub>) and necrosis (crushed cells). We found a reduced number of cells and the presence of cell death by apoptosis (49%) in cells treated with CdS/Dx + TMZ QDs at 72 h, as compared with control group ( $p < 0.05$ ). Cells treated with TMZ alone [100  $\mu\text{M}$ ] during 72 h showed cell death by apoptosis (26%) but also a greater number of cells when compared with the CdS/Dx + TMZ QDs group ( $p < 0.05$ ). Cells treated with CdS/Dx QDs showed a reduced number of cells in apoptosis. These findings correlated with previously shown images, which evinced the presence of membrane blebbing and the formation of apoptotic bodies in those cells treated with TMZ alone, as well as those bioconjugated with CdS/Dx QDs.



**Figure 4** Nuclear integrity and cellular uptake of CdS/Dx+TMZ QDs in C6 glioma cell line. Cells were treated with CdS/Dx QDs [100  $\mu\text{M}$ ], TMZ [100  $\mu\text{M}$ ] and CdS/Dx +TMZ [100  $\mu\text{M}$ ] for 24 h. (a) Samples were stained with Giemsa to evaluate the effect on nuclear integrity using microscopy ( $\times 20$ ); (b) Samples were observed with a confocal microscope and the cell internalization of QDs was analyzed. Fluorescence microscopy ( $\times 40$  magnification). Scale bar=50  $\mu\text{m}$ . These are representative results of at least three independent experiments ( $n = 3$ )



**Figure 5** Cell death induced by CdS/Dx+TMZ QDs in C6 glioma cell line. Cells were treated with CdS/Dx QDs, TMZ and CdS/Dx +TMZ (100  $\mu$ M) for 72 h, stained with AO/EtBr and analyzed using fluorescence microscopy (20X magnification). Cells exposed to 1  $\mu$ L/mL of 30 % H<sub>2</sub>O<sub>2</sub> for 2 h were used as indicators of apoptosis; cells exposed to 100 °C for 5 min were used as indicators of necrosis; and non-treated cells were used as negative control. Results are expressed as percentage of cell death as compared to control group. Data are presented as the mean  $\pm$  SD of at least three independent experiments. \*p <0.05 as compared to control group; # p<0.05 as compared to CdS/Dx QDs and & p<0.05 as compared with TMZ group

#### 4 Discussion

In this work, we bioconjugated CdS-Dx + TMZ QDs and carried out an optical characterization of these QDs using different techniques. We also evaluated their pharmacological activity. The results show that CdS-Dx/QDs bioconjugated with TMZ distribute in the cytoplasm and nucleus of glioma cells, and the pharmacological effects of drugs can be observed and enhanced.

For almost two decades, TMZ has been one of the therapeutic agents employed in the treatment of malignant gliomas and is associated with a higher rate of patient survival [28]. However, TMZ has two disadvantages: 1) it undergoes spontaneous hydrolysis in brain tissue and, as a consequence, low concentrations are to be found in the target site; 2) tumor cells can generate resistance to TMZ in tumor tissue, promoting tumor recurrence with a more aggressive phenotype [29, 13]. For these reasons, several experimental strategies have sought to improve delivery methods and therapeutic efficacy.

A series of nanomaterials with different size, structure, surface characteristics and coatings have emerged that favor the delivery of drugs in the brain tissue [27, 30, 31]. Nanomaterials aid effectiveness and reduce drug resistance by improving drug transport, acting as extended delivery systems and increasing drug concentration at the target site. Given the characteristics of TMZ, nano delivery systems should focus on facilitating transport and increasing drug concentrations in brain tumoral tissue, thus extending TMZ mean residence in the brain and boosting effectiveness.

QDs are non-polymeric nanomaterials that have become very useful in biomedicine because they can be coated with a great variety of molecules that improve their biocompatibility and bioactivity [32-34]. Given the variety of coatings and their small size, QDs can be easily conjugated with drugs and bioactive molecules while maintaining photostability. They can easily cross the cell membrane and deliver the therapeutic agent in target sites in addition to easing cellular monitoring through photoluminescence. This research used CdS QDs coated with dextrin, which have been shown to be innocuous in *in vivo* models [20-22]. Our AFM results showed that CdS-Dx + TMZ QDs were spherical in shape, had an average particle size of 6.5 nm, and the pharmacological studies demonstrated they caused higher mortality among glioma cells than TMZ alone. In addition, their fluorescence emission allowed us to monitor their pathway into the cell. The treatment of glioma cells with CdS/Dx + TMZ QDs induced cell death, which suggests that the drug probably interacted with DNA.

Several nanostructures have been studied for the delivery of TMZ alone or its codelivery with other molecules. These include polymer-based nanosystems (such as polymeric nanoparticles, dendrimers, polymeric micelles), and lipid based nanosystems (liposomes, solid lipid nanoparticles, and nanostructured lipid carriers) [35, 36]. However, there are only two reports where TMZ has been conjugated with QDs. In one, the use of small carbon QDs (2.6-3.5 nm) loaded with TMZ/epirubicin produced high mortality in glioblastoma cell lines [37]. In the other, nanofibers of carbon dots (chitosan-polyethylene-carbon QDs/carboxymethyl cellulose-alcohol) were prepared to ensure effective and sustained TMZ delivery in a glioblastoma cell line. The use of this nanofiber also made it possible to monitor cellular distribution and identify apoptotic cells via QD fluorescence [38].

Several studies have used other types of non-polymeric nanoparticles. For instance, TMZ has been conjugated with gold nanoparticles/L-Aspartate (GNPs) with a diameter of 55 nm. GNPs-conjugated TMZ delivered a cell death rate of up to 50% compared to TMZ alone [39]. Another report studied the anticancer effects of TMZ- indocyanine green in Fe<sub>3</sub>O<sub>4</sub> magnetic nanoparticles in a human GBM cell line. Those nanoparticles were spherical in shape with an average size of 13 nm and reduced the viability of glioma cells in 96% [40]. However, those studies could not monitor the cells.

Previous studies have shown that TMZ causes apoptosis in human and rat glioma cells via activation of the MAPK signaling pathway, the inhibition of STAT3, and cell cycle arrest [41-43]. Present results agree with those reports, and rat glioma cells treated with CdS/Dx+ TMZ QDs showed a reduction in cell proliferation at 10 and 100  $\mu$ M, with the latter concentration resulting in more significant inhibition. On the other hand, the percentage of apoptotic cells was almost twice as much in the CdS/Dx+ TMZ QD treated groups than those using TMZ alone. These findings also correlate with the morphological changes in the cells, including the membrane blebbing and presence of apoptotic bodies shown in confocal microphotographs. Present results demonstrate that the QDs allowed for a highly concentrated drug delivery, which can be seen in the presence of high photoluminescence in nuclei, as well as the accompanying therapeutic efficacy. Studies using GNP conjugated TMZ also found an increase (90%) of apoptosis in glioma-derived cancer stem cells when compared to TMZ alone (42%) [44].

The use of quantum dots in biomedicine has been delayed due to the risks they present. Most QDs contain elements that could release extremely toxic ions [45]. The pharmaceutical industry requires that QD-based nanocarriers meet the requirements of vehicles and excipients used in drug formulations and allow for better administration and dosage. Unfortunately, several QDs fail to meet these requirements because they possess a certain degree of toxicity and there is a lack of safety studies. The use of nanocarriers for the treatment of brain tumors entails rigorous studies involving biodisposition, biodegradability and biocompatibility. Today, clinical trial-related developments of nanotechnology-based materials used in the treatment of glioblastoma include the use of liposomes, and there have been no clinical trials using QDs [46]. Previous studies by this group have shown that CdS/Dx cross the blood-brain barrier and can reach brain tissue, where they have a mean residence time of 8.4 days in rats and do not produce morphological alterations of said tissue [47].

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## 5 Conclusion

CdS/Dx QDs have the potential to be used as nanocarriers for drug delivery targeted at brain tissue. Present results demonstrate that CdS/Dx+ TMZ QDs may improve the efficacy of drug delivery while also providing fluorescence imaging of glioma cells. Therefore, they could be simultaneously used as drug delivery system and cell monitoring system for the treatment of GBM and other brain tumors.



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## Compliance with ethical standards

### *Acknowledgement*

The authors also wish to thank Q.F.B. Xochitl Alvarado Affantranger at the National Laboratory of Advanced Microscopy, UNAM

### *Disclosure of conflict of interest*

The authors have no conflicts of interest.

### *Funding*

This work was funded by CONACyT via project Fronteras 74884 and DGAPA-PAPIIT via project IG100920.

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